

Miguel Ruiz The Fifth Agreement

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The Four Agreements Companion Book -

Don Miguel Ruiz 2000-10-16

The Four Agreements introduced a simple, but powerful code of conduct for attaining personal freedom and true happiness. Now The Four Agreements Companion Book takes you even further along the journey to recover the

awareness and wisdom of your authentic self. This companion book is a must-read not only for those who enjoyed don Miguel's first book, but for anyone who is ready to leave suffering behind, and to master the art of living in our natural state: happiness. The Companion Book includes: • How to break the domestication that

keeps you enslaved by fear • Keys to recover your will, your faith, and the power of your word • Practice ideas to help you become the master of your own life • A dialogue with don Miguel about living The Four Agreements • Success stories from people who have used The Four Agreements “The Four Agreements are a tool for transformation, leading you to stop judging, mainly yourself, and to start practicing another way of life.” — don Miguel Ruiz

Wisdom from the Four Agreements - Don Miguel Ruiz 2003

This Charming Petite* volume excerpts the bestselling original book in a concise and readable way, presenting "The Four Agreements: " Be impeccable with your word; Don't take anything personally; Don't make assumptions; and Always do your best.

[The Four Agreements \(Illustrated Edition\)](#) - Don Miguel Ruiz 2011-11-15

This four-color illustrated edition of The Four Agreements celebrates the 15th anniversary of a

personal growth classic. With over 10 years on The New York Times bestseller list, and over 9 million copies in print, The Four Agreements continues to top the bestseller lists. In The Four Agreements, don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, The Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. “This book by don Miguel Ruiz, simple yet so powerful, has made a tremendous difference in how I think and act in every encounter.” — Oprah Winfrey “Don Miguel Ruiz’s book is a roadmap to enlightenment and freedom.” — Deepak Chopra, Author, The Seven Spiritual Laws of Success “An inspiring book with many great lessons.” — Wayne Dyer, Author, Real Magic “In the tradition of Castaneda, Ruiz distills essential Toltec wisdom, expressing with clarity and impeccability what it means for men and women

to live as peaceful warriors in the modern world.” — Dan Millman, Author, Way of the Peaceful Warrior

365 Ways to Live the Law of Attraction - Meera Lester 2009-03-18

Love, success, happiness, a long and healthy life—these are the things the Law of Attraction promises to deliver—but how? It sounds easy enough, but what does it really mean? In this book, you find the practical steps you need to harness the power of the universe and transform your life. Each of the 365 entries provides a simple, concrete action item guaranteed to attract good things into the your life, such as: Use the tarot to attract the perfect romantic partner Learn to say no to the bad so you can say yes to the good Make a wealth poster to attract more success Run a water fountain to stimulate the positive flow of money Use affirmations to boost your healthy energy Meditate to achieve serenity and peace of mind With this engaging, enlightening guide, you find

the spiritual path to your wildest dreams, one day at a time!

Buddhism Is Not What You Think - Steve Hagen 2009-03-17

Bestselling author and renowned Zen teacher Steve Hagen penetrates the most essential and enduring questions at the heart of the Buddha's teachings: How can we see the world in each moment, rather than merely as what we think, hope, or fear it is? How can we base our actions on reality, rather than on the longing and loathing of our hearts and minds? How can we live lives that are wise, compassionate, and in tune with reality? And how can we separate the wisdom of Buddhism from the cultural trappings and misconceptions that have come to be associated with it? Drawing on down-to-earth examples from everyday life and stories from Buddhist teachers past and present, Hagen tackles these fundamental inquiries with his trademark lucid, straightforward prose. The newcomer to Buddhism will be inspired by this

accessible and provocative introduction, and those more familiar with Buddhism will welcome this much needed hands-on guide to understanding what it truly means to be awake. By being challenged to question what we take for granted, we come to see the world as it truly is. *Buddhism Is Not What You Think* offers a profound and clear path to a life of joy and freedom.

The Actor - Miguel Ruiz 2020-11-10

The Wisdom of the Shamans - Don Jose Ruiz
2019-05-07

For generation after generation, Toltec shamans have passed down their wisdom through teaching stories. The purpose of these stories is to implant a seed of knowledge in the mind of the listener, where it can ultimately sprout and blossom into a new and better way of life. In *The Wisdom of the Shamans: What the Ancient Masters Can Teach Us About Love and Life*, Toltec shaman and master storyteller don Jose

Ruiz shares some of the most popular stories from his family's oral tradition and offers corresponding lessons that illustrate the larger ideas within each story. Ruiz begins by explaining that contrary to the stereotypical image of "witch doctor," the ancient shamans were men and women who fulfilled several roles within their communities: philosopher, spiritual guide, medical doctor, psychologist, and friend. According to Ruiz, their teachings are not primitive or reserved for a chosen few initiates but are instead a powerful series of lessons on love and life that are available to us all. To that aim, he has included exercises, meditations, and shamanic rituals to help you experience the personal transformation these stories offer. The shamans taught that the truth you seek is inside of you. Let these stories, lessons, and tools be your guide to finding the innate wisdom that lives within.

The Fifth Agreement - Don Miguel Ruiz
2010-01-18

In *The Four Agreements*, a New York Times bestseller for over 7 years, Ruiz revealed how the process of our education, or “domestication,” can make us forget the wisdom we were born with. Throughout our lives, we make many agreements that go against ourselves and create needless suffering. The Four Agreements help us to break these self-limiting agreements and replace them with agreements that bring us personal freedom, happiness, and love. In *The Fifth Agreement*, don Miguel Ruiz joins his son don Jose Ruiz to offer a fresh perspective on *The Four Agreements*, and a powerful new agreement for transforming our lives into our personal heaven. *The Fifth Agreement* takes us to a deeper level of awareness of the power of the Self, and returns us to the authenticity we were born with. In this compelling sequel to the book that has changed the lives of millions of people around the world, we are reminded of the greatest gift we can give ourselves: the freedom to be who we really are.

The Mastery of Love - Don Miguel Ruiz
2010-01-18

Don Miguel Ruiz illuminates the fear-based beliefs and assumptions that undermine love and lead to suffering and drama in our relationships. He shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships.

Self Power - Deepak Chopra 2012

From the man who has inspired millions of people to transform their lives and create their heart's desire comes his latest book on seeking and embracing the power source within. Deepak Chopra has made clear his conviction that it is within the potential of every human being to live an enriching, self-aware, magnificent life. But to reach that state of empowerment is a difficult task, calling for courage, will power and - often - guidance. In *Self-Power*, Chopra offers that guidance and encouragement, while inspiring his readers to take their lives into their own

capable hands no matter what challenges they may confront--job loss, financial difficulties, relationship issues, health problems or spiritual questions.

Positive Intelligence - Shirzad Chamine 2012
Chamine exposes how your mind is sabotaging you and keeping you from achieving your true potential. He shows you how to take concrete steps to unleash the vast, untapped powers of your mind.

The Door of Everything - Ruby Nelson
2013-04-08

Love. Love as you have never known it or imagined it to be. Love, the only true force in all creation, the Light out of which all things were made, the cohesive power which holds all things together. Love. Let your soul stand forth and LIVE. For of what profit is it if a man gains the whole world and loses his own soul? Come! Meet me just inside the Door of Everything, in my timeless realm of Being, where all the perfect qualities of your Grand Cosmic Self will intersect

and blend into one precious jewel--the precious jewel of Love.

The Circle of Fire - Don Miguel Ruiz 2013-08-09
In The Circle of Fire (formerly published as Prayers: A Communion With Our Creator) Ruiz inspires us to enter into a new and loving relationship with ourselves, with our fellow humans, and with all of creation. Through a selection of beautiful essays, prayers, and guided meditations, Ruiz prepares our minds for a new way of seeing life, and opens our hearts to find our way back to our birthright: heaven on earth. The result is a life lived in joy, harmony, and contentment. In my teachings, "The Circle of Fire" ceremony celebrates the most important day of our lives: the day when we merge with the fire of our spirit, and return to our own divinity. This is the day when we recover the awareness of what we really are, and make the choice to live in communion with that force of creation we call "Life" or "God." From that day forward, we live with unconditional love in our hearts for

ourselves, for life, for everything in creation. This book, first published in 2001 as "Prayers: A Communion with Our Creator," will remind you of what you really are. It has always been my favorite book, and now in honor of my favorite prayer, it has been appropriately renamed "The Circle of Fire." -- don Miguel Ruiz

The Yoga Bible - Christina Brown 2016-04-01
Yoga brings not only a suppleness to the body but also a sense of spiritual and physical well-being to those who practice it. Featuring over 170 postures from the main schools of yoga, The Yoga Bible is the ultimate, comprehensive guide to practicing yoga and finding a mental and physical balance in life. The book encourages yoga beginners and experts alike to find a yoga sequence that suits their personal needs and abilities.

Living a Life of Awareness - Don Miguel Ruiz, Jr. 2013

For the first time ever, the Toltec wisdom from the Ruiz family is bound together in a book of

Daily Meditations. Readers are invited on a six-month journey of daily lessons with don Miguel Ruiz Jr. that are designed to inspire, nourish, and enlighten adherents as they travel along the Toltec path. Drawing on years of apprenticeship under his father and grandmother, don Miguel Ruiz Jr. shares Toltec lessons on Love, Faith, Agreements, and most importantly: Awareness. The purpose of each meditation is to guide readers into a deeper understanding of his or her self, as well as the world in which we live. In the introduction to the book, don Miguel Ruiz Jr. reminds readers that progress on the Toltec path is not measured by the acquisition of things, status, or even ideas, but rather the complete and total realization that everything in the world is perfect, exactly the way it is at this moment. "Love is accepting ourselves just the way we are, with all of our flaws and our ever-changing belief system. You are nothing else but who you are. You are not the person you were a year ago. You are not the person you will be in a year. You

aren't even the person you think you are. You simply are, and that must be enough." --don Miguel Ruiz Jr. This book will have special appeal to those already familiar with his father's books *The Four Agreements*, *The Mastery of Love*, and *The Fifth Agreement*, as well as don Miguel Ruiz Jr.'s own book, *The Five Levels of Attachment*. It also makes a wonderful gift.

The Four Agreements - Don Miguel Ruiz
1997-11-07

In *The Four Agreements*, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, *The Four Agreements* offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. • A New York Times bestseller for over a decade • Translated into 48 languages worldwide "This book by don Miguel Ruiz, simple yet so powerful, has made a tremendous difference in how I think and act in every

encounter." — Oprah Winfrey "Don Miguel Ruiz's book is a roadmap to enlightenment and freedom." — Deepak Chopra, Author, *The Seven Spiritual Laws of Success* "An inspiring book with many great lessons." — Wayne Dyer, Author, *Real Magic* "In the tradition of Castaneda, Ruiz distills essential Toltec wisdom, expressing with clarity and impeccability what it means for men and women to live as peaceful warriors in the modern world." — Dan Millman, Author, *Way of the Peaceful Warrior*
The Five Levels of Attachment - Don Miguel Ruiz, Jr 2013-02-04

The Five Levels of Attachment picks up from where Don Miguel Ruiz, Jr's father's book, *The Four Agreements*, left off. Building on the principles found in his father's international bestseller (2.5 million copies sold in the US), Don Miguel explores the ways in which we attach ourselves inappropriately to beliefs and the world. This is ancient wisdom for finding your true self. Ruiz explores the five levels of

attachment that cause suffering in our lives. The five levels are: • Authentic Self • Preference • Identification • Internalization • Fanaticism Accessible and practical, *The Five Levels of Attachment* invites us to look at our own lives and see how an unhealthy level of attachment can keep us trapped in a psychological and spiritual fog. He then teaches us to reclaim our true freedom by cultivating awareness, detaching, and discover our true selves.

Just One Day - Gayle Forman 2013

"Sparks fly when American good girl Allyson encounters laid-back Dutch actor Willem, so she follows him on a whirlwind trip to Paris, upending her life in just one day and prompting a year of self-discovery and the search for true love."--

My Good Friend the Rattlesnake - Don Jose Ruiz
2014-10-01

From rattlesnakes and rebellion to swamis and shamans, these stories by spiritual guru and bestselling author don Jose Ruiz show you how

you can find your true path and discover yourself in the process.

The Mastery of Self - Don Miguel Ruiz, Jr.
2016-01-01

The ancient Toltecs believed that life as we perceive it is a dream. We each live in our own personal dream, and all of our dreams come together to make the Dream of the Planet. Problems arise when we forget that the dream is just a dream and fall victim to believing that we have no control over it. "The Mastery of Self" takes the Toltec philosophy of the Dream of the Planet and the personal dream and explains how a person can: Wake upLiberate themselves from illusory beliefs and storiesLive with authenticity Once released, we can live as our true, authentic, loving self, not only in solitude and meditation, but in any place--at the grocery store, stuck in traffic, etc.--and in any situation or scenario that confronts us. The Ruiz family has an enormous following, and this new book from don Miguel, Jr. will be greeted with

enthusiasm by fans around the world. This new book from don Miguel, Jr. will be greeted with enthusiasm by fans around the world.

The Seven Secrets to Healthy, Happy Relationships - don Miguel Ruiz 2018-10-01
Relationships: An Integral Part of the Human Experience As humans, most of us yearn for fulfilling relationships. They provide unlimited ways for us to learn, grow, thrive, and have fun! Yet, as we know, relationships aren't always a "bed of roses"—especially romantic ones. They don't make themselves, nor do they continue happily on autopilot once they begin. In this one-of-a-kind book, bestselling authors don Miguel Ruiz, Jr. and HeatherAsh Amara share their seven secrets to healthy, happy relationships: Commitment Freedom Awareness Healing Joy Communication Release Understanding and enacting these principles can help you at any stage in your intimate partnering, whether you've been with someone for many years or are currently single and want to prepare for a

relationship. The authors make clear that the principles in this book aren't secrets because they are hidden away, but are more akin to undiscovered focal points that can lead to deeper, more meaningful connections. Part of the secret, as you will see, is in the art of putting these ideas into practice day after day and year after year.

Eros - Don Miguel Ruiz 2021-09-14
Don Miguel Ruiz, the author of the classic *The Four Agreements* and one of the most influential spiritual leaders in the world today, offers students of mystery a new path of knowledge through the most powerful force in the universe: love.

Four Agreements Cards - Don Miguel Ruiz
2001-08

The Fifth Agreement - Don Miguel Ruiz
2011-10-12

Complementing the four agreements that help alleviate needless self-inflicted suffering,

outlines the fifth agreement, which allows readers to deeply examine their awareness of the power of the self.

The Actor - Don Miguel Ruiz 2021-03-16

Master the art of life and happiness and learn how to live authentically with *The Actor*, the first of four transformative courses by Don Miguel Ruiz and Barbara Emrys.

Eros - Don Miguel Ruiz 2021-09-14

We all think we know what love is. We know it from the songs, romantic comedies and stories that we have been told since childhood. But what if love is not what we have been taught to believe? How can we transcend the idea of love that has been instilled in us, and how can we overcome the habits of a lifetime and discover a pure, unconditional love? Don Miguel Ruiz and Barbara Emrys show us that it is possible to love others and ourselves much more authentically and generously. One by one, Don pulls back the veils that prevent us from glimpsing the true nature of love so that we can transcend the idea

that has been programmed into us. Through the transformative power of awareness and attention, we will learn to see beyond our stories about love—those that we are told, but also those that we tell ourselves—so that we can change the way we think and react. Once you set the illusions aside, you can see yourself as pure energy and also decide where to direct that energy. And when the energy of love rules your existence, amazing transformations are possible in every moment...

The Secret to Love, Health, and Money - Rhonda Byrne 2022-02-08

"Previously published separately in audio format by Simon & Schuster Audio in 2020"--Copyright page.

The Four Agreements Companion Book - Don Miguel Ruiz 2010-03-18

The Four Agreements Companion Book takes you further along the journey to recover the awareness and wisdom of your authentic self. This book offers additional insights, practice

ideas, a dialogue with don Miguel about applying The Four Agreements, and true stories from people who have transformed their lives.

The Three Questions - Don Miguel Ruiz

2018-06-26

The beloved spiritual teacher builds on the message of his enduring New York Times and international bestseller *The Four Agreements* with this profound guide that takes us deeper into the tradition of Toltec wisdom, helping us find and use the hidden power within us to achieve our fullest lives. In *The Four Agreements*, Don Miguel Ruiz introduced seekers on the path to enlightenment to the tenets of Mesoamerican spiritual culture—the ancient Toltec. Now, he takes us deeper into Native American practice, and asks us to consider essential questions that drive our lives and govern our spiritual power. Three eternal questions can help us into our power and use it judiciously: Who am I? What is real? How do I express love? At each stage in our lives, we must

ask these simple yet deeply profound questions. Finding the answers will open the door to the next stage in our development, and eventually lead us to our complete, truest selves. But as Don Miguel Ruiz makes clear, we suffer if we do not ask these questions—or if we fail to pay attention to their answers—because we either never act on our power or use it destructively. Only when power is anchored in our identity and in reality will it be able to be in synch with the universe—and be of true benefit to ourselves and to others. The three questions provide a practical framework that allows readers to engage with Ruiz’s transformative message and act as a vehicle for overcoming fear and anxiety and discovering peace of mind. An essential guide for all travelers pursuing self-knowledge, understanding, and acceptance, *The Three Questions* is the next step in our unique spiritual metamorphosis.

Living a Life of Awareness - don Miguel Ruiz

2013-12-05

For the first time ever, the Toltec wisdom from the Ruiz family is bound together in a book of Daily Meditations. Readers are invited on a six-month journey of daily lessons with don Miguel Ruiz Jr. that are designed to inspire, nourish, and enlighten adherents as they travel along the Toltec path. Drawing on years of apprenticeship under his father and grandmother, don Miguel Ruiz Jr. shares Toltec lessons on Love, Faith, Agreements, and most importantly: Awareness. The purpose of each meditation is to guide readers into a deeper understanding of his or her self, as well as the world in which we live. In the introduction to the book, don Miguel Ruiz Jr. reminds readers that progress on the Toltec path is not measured by the acquisition of things, status, or even ideas, but rather the complete and total realization that everything in the world is perfect, exactly the way it is at this moment. "Love is accepting ourselves just the way we are, with all of our flaws and our ever-changing belief system. You are nothing else but who you are.

You are not the person you were a year ago. You are not the person you will be in a year. You aren't even the person you think you are. You simply are, and that must be enough." —don Miguel Ruiz Jr. This book will have special appeal to those already familiar with his father's books *The Four Agreements*, *The Mastery of Love*, and *The Fifth Agreement*, as well as don Miguel Ruiz Jr.'s own book, *The Five Levels of Attachment*. It also makes a wonderful gift.

Cane and Abe - James Grippando 2015-01-20
A spellbinding novel of suspense from New York Times bestselling author James Grippando, in which Miami's top prosecutor becomes a prime suspect in his wife's disappearance, which may have a chilling connection to the woman he can't forget. Unbelievable was the word for her. Samantha Vine was unbelievably beautiful. It was unbelievable that she'd married me. Even more unbelievable that she was gone . . . Samantha died too soon. Abe Beckham's new wife has helped him through the loss, but some

say it was a step back to marry Angelina, a love from Abe's past. Abe doesn't want to hear it, and through the ups and downs, he's even managed to remain a star prosecutor at the Miami State Attorney's Office. Then everything goes wrong. A woman's body is discovered dumped in the Everglades, and Abe is called upon to monitor the investigation. The FBI is tracking a killer in South Florida they call "Cutter" because his brutal methods harken back to Florida's dark past, when machete-wielding men cut sugarcane by hand in the blazing sun. But when the feds discover that Abe had a brief encounter with the victim after Samantha's death, and when Angelina goes missing, the respected attorney finds himself under fire. Suspicion surrounds him. His closest friends, family, professional colleagues, and the media no longer trust his motives. Was Angelina right? Was their marriage not what they'd hoped for because he loved Samantha too much? Or was there another woman . . . and a husband with a dark side who

simply wanted his new wife gone?

Beyond Fear - Mary Carroll Nelson 1997

Fear is the source of all of the negative agreements we've made with life. It can alienate us from the joy that is our birthright. When we are able to look at our lives without fear or judgments, we realize that reality can be whatever we want it to be. Beyond Fear leads seekers of the Toltec way of freedom and joy on their spiritual journey into a state of empowerment. More expansive and in-depth than The Four Agreements, Beyond Fear contains information on life after death, prophecies about the evolution of humanity, and exercises and ceremonies to walk readers through the process of shedding fear and becoming spiritually and emotionally alive.

The Seat of the Soul - Gary Zukav 2014-03-11

Explores a new phase of human evolution that reflects a growing understanding about authentic, spiritual power based on cooperative beliefs and a reverence for life.

The Four Agreements Toltec Wisdom

Collection - Don Miguel Ruiz 2008-08-13

A three volume set identifies four self-limiting beliefs that impede one's experience of freedom, true happiness, and love; looks at the fear-based assumptions that undermine love; and urges readers to restore joy in living by not believing in lies.

The Secret by Rhonda Byrne (Summary) - QuickRead

Do you want more free book summaries like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. If you've ever looked at someone else and wondered, "What's their secret to success?" this book is the key to discovering that secret for yourself. Dedicated to exploring the questions that drive (and torment) human existence, *The Secret* (2006) explores such topics as, "What's the secret to success?", "What's the meaning of life?", and "How can I

become my best self?" By laying out Rhonda Byrne's theory of the forces that guide the universe and how to discover your place within it, *The Secret* provides readers with a practical toolkit for taking control of their future, unlocking your optimum state of happiness, and discovering your full potential.

Prayers - Miguel Ruiz 2001

Draws on the four guided principles for life transformation presented in *The Four Agreements* in an inspirational collection of the author's favorite prayers, meditations, and reflections on topics such as wisdom, healing, courage, love, integrity, forgiveness, freedom, truth, and happiness. Original. 100,000 first printing.

Heart Talk - Cleo Wade 2018-03-06

A beautifully illustrated book from Cleo Wade—the artist, poet, and speaker who has been called “the Millennial Oprah” by *New York Magazine*—that offers creative inspiration and life lessons through poetry, mantras, and

affirmations, perfect for fans of the bestseller Milk & Honey. True to her hugely popular Instagram account, Cleo Wade brings her moving life lessons to Heart Talk, an inspiring, accessible, and spiritual book of wisdom for the new generation. Featuring over one hundred and twenty of Cleo's original poems, mantras, and affirmations, including fan favorites and never before seen ones, this book is a daily pep talk to keep you feeling empowered and motivated. With relatable, practical, and digestible advice, including "Hearts break. That's how the magic gets in," and "Baby, you are the strongest flower that ever grew, remember that when the weather changes," this is a portable, replenishing pause for your daily life. Keep Heart Talk by your bedside table or in your bag for an empowering boost of spiritual adrenaline that can help you discover and unlock what is blocking you from thriving emotionally and spiritually.

The Medicine Bag - don Jose Ruiz 2020-02-04

One of the main tenets of shamanism is a belief in the power of ceremony to manifest change in the physical world. Virtually all shamanic traditions use a variety of ritual practices as tools for personal transformation, healing, and celebration. Now, in this exciting and practical book, Toltec shaman and New York Times best-selling author don Jose Ruiz introduces and explains a wealth of these shamanic rituals and ceremonies, and provides a detailed and accessible guide to performing them on your own. This book will teach you how to:: Choose and create power objects Build a personal altar and medicine wheel Align your life with the cycles of nature Find and work with your spirit animals Honor your ancestors, undertake power journeys, and much more Like the medicine bag itself, this book is a potent tool kit of spiritual practices meant to open you to a world of beauty, exploration, and transformation. By offering step-by-step instructions in each chapter, don Jose Ruiz has made these rituals

and ceremonies accessible to everyone who feels called to travel the shamanic path.

The Voice of Knowledge - Don Miguel Ruiz
2010-02-01

In *The Voice of Knowledge*, Miguel Ruiz reminds us of a profound and simple truth: The only way to end our emotional suffering and restore our joy in living is to stop believing in lies — mainly about ourselves. Based on ancient Toltec wisdom, this breakthrough book shows us how to recover our faith in the truth and return to our own common sense. Ruiz changes the way we perceive ourselves, and the way we perceive other people. Then he opens the door to a reality that we once perceived when we were one and two years old — a reality of truth, love, and joy.

“We are born in truth, but we grow up believing in lies. . . . One of the biggest lies in the story of humanity is the lie of our imperfection.” — don Miguel Ruiz • From the international bestselling author of *The Four Agreements* • A New York Times bestseller • Over 300,000 copies sold in the U.S.

The Mastery of Love CD - Don Miguel Ruiz
2005-01-24

Using inspirational stories to impart the ancient wisdom of the three Toltec masteries-- awareness, transformation, and love--the author examines the common fallacies that can undermine love, and tells listeners how to gain wisdom, avoid fear, and end the battle for control with their partners.