

Life In Motion An Unlikely Ballerina Young Reader

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Dancing Through It - Jenifer Ringer

2014-02-20

“A glimpse into the fragile psyche of a dancer.”
—The Washington Post Jenifer Ringer, a principal dancer with the New York City Ballet, was thrust into the headlines after her weight was commented on by a New York Times critic, and her response ignited a public dialogue about dance and weight. Ballet aficionados and aspiring performers of all ages will want to join Ringer behind the scenes as she shares her journey from student to star and candidly discusses both her struggle with an eating disorder and the media storm that erupted after the Times review. An unusually upbeat account of life on the stage, *Dancing Through It* is also a coming-of-age story and an inspiring memoir of faith and of triumph over the body issues that torment all too many women and men.

The Other Side of Perfect - Mariko Turk

2021-05-11

For fans of Sarah Dessen and Mary H.K. Choi, this lyrical and emotionally driven novel follows Alina, a young aspiring dancer who suffers a devastating injury and must face a world without ballet—as well as the darker side of her former dream. Alina Keeler was destined to dance, but then a terrifying fall shatters her leg—and her dreams of a professional ballet career along with it. After a summer healing (translation: eating vast amounts of Cool Ranch Doritos and binging ballet videos on YouTube), she is forced to trade her pre-professional dance classes for normal high school, where she reluctantly joins the school musical. However, rehearsals offer more

than she expected—namely Jude, her annoyingly attractive castmate she just might be falling for. But to move forward, Alina must make peace with her past and face the racism she experienced in the dance industry. She wonders what it means to yearn for ballet—something so beautiful, yet so broken. And as broken as she feels, can she ever open her heart to someone else? Touching, romantic, and peppered with humor, this debut novel explores the tenuousness of perfectionism, the possibilities of change, and the importance of raising your voice.

The Ballet Companion - Eliza Gaynor Minden

2007-11-01

A New Classic for Today's Dancer The *Ballet Companion* is a fresh, comprehensive, and thoroughly up-to-date reference book for the dancer. With 150 stunning photographs of ballet stars Maria Riccetto and Benjamin Millepied demonstrating perfect execution of positions and steps, this elegant volume brims with everything today's dance student needs, including: Practical advice for getting started, such as selecting a school, making the most of class, and studio etiquette Explanations of ballet fundamentals and major training systems An illustrated guide through ballet class -- warm-up, barre, and center floor Guidelines for safe, healthy dancing through a sensible diet, injury prevention, and cross-training with yoga and Pilates Descriptions of must-see ballets and glossaries of dance, music, and theater terms Along the way you'll find technique secrets from stars of American Ballet Theatre, lavishly illustrated sidebars on

ballet history, and tips on everything from styling a ballet bun to stage makeup to performing the perfect pirouette. Whether a budding ballerina, serious student, or adult returning to ballet, dancers will find a lively mix of ballet's time-honored traditions and essential new information.

Once A Dancer - Allegra Kent 1998-04-15

A memoir of the ballet dancer, tracing her childhood, dance career, and marriage to photographer Bert Stern, includes portraits of dance figures in her life

Life in Motion - Misty Copeland 2022-11-08

Determination meets dance in this middle grade adaptation of the New York Times bestselling memoir by the first female African-American principal dancer in American Ballet Theatre history, Misty Copeland. Misty Copeland has been breaking down all kinds of barriers in the world of dance, becoming the first African-American principal dancer at the American Ballet Theatre. But when she first started dancing--at the late age of thirteen--no one would have guessed the shy, underprivileged girl would one day make history in her field. Her road to excellence was not easy. A challenging home life was a stark contrast to the control and comfort she found on stage. And when her home life and incredible dance promise began to clash, Misty had to learn to stand up for herself and navigate complex relationships with her family and the dance world, while pursuing her ballet dreams. *Life in Motion* is a story for all the kids who dare to be different, dream bigger, and aspire to break stereotypes in whatever they do.

Life in Motion - Misty Copeland 2014-12-16

Documents the author's emotionally dynamic effort to become the third African-American soloist in the history of the American Ballet Theatre, describing the harsh family difficulties she overcame including her mother's highly publicized custody battle to halt her career.

My Daddy Can Fly! (American Ballet Theatre) - Thomas Forster 2021-11-23

For young dance lovers, a picture book about a young boy whose father has the unique position as a ballet dancer. Written by American Ballet Theatre principal dancer Thomas Forster. Ben and his friends are playing in their favorite part of the classroom-- the dress-up corner! They are talking about what they want to be when they

grow up. Rachel wants to be a tae kwon do master, Dixie wants to be a doctor like her auntie, and John wants to be a teacher just like their teacher, Mr. Underwood. But when Ben says he wants to fly just like his daddy, his friends are sure his daddy must be a pilot. Ben tells his friends that they aren't even close, but he offers a few more clues. His daddy is strong, gentle, fierce, and fast. His friends have lots of guesses, but no one lands on the right one until Ben gives them the biggest clue of all. Written by a dad who is also a professional ballet dancer, this story will appeal to all ballet dancing children and their loved ones.

Dance Theatre of Harlem - Judy Tyrus 2021

From its modest beginnings in the 1960s in a Harlem church basement, to its meteoric rise to international fame, the Dance Theatre of Harlem ignited the world with one simple, still-revolutionary statement: All can do ballet. Into the 21st century, as the world, and the country, continue their historical struggles and triumphs, the story of this haven for dancers of all colors and backgrounds resonates more than ever.

Here, for the first time, is the definitive portrait of the one-of-a-kind community dance company that reflected--and shaped--our times, and whose enduring principle continues to inspire the future. With exclusive backstage stories from its legendary dancers and staff, and unprecedented access to its archives, Dance Theatre of Harlem is a striking chronicle of the company's amazing history, its fascinating daily workings, and the visionaries who made its legacy. Here you'll discover how the company's founders--African-American maestro Arthur Mitchell of George Balanchine's New York City Ballet, and Nordic-American Karel Shook of The Dutch National Ballet--created timeless works that challenged Eurocentric mainstream ballet head-on--and used new techniques to examine ongoing issues of power, beauty, myth, and the ever-changing definition of art itself. Gaining prominence in the 1970s and 80s with a succession of triumphs--including its spectacular season at the Metropolitan Opera House--the company also gained fans and supporters that included Nelson Mandela, Stevie Wonder, Cicely Tyson, Misty Copeland, Jessye Norman, and six American presidents. Dance Theatre of Harlem details this momentous era as well as the company's difficult

years, its impressive recovery as it partnered with new media's most brilliant creators--and, in the wake of its 50th anniversary, amid a global pandemic, its evolution into a worldwide virtual performance space. Alive with stunning photographs, including many from the legendary Marbeth, this incomparable book is a must-have for any lover of dance, art, culture, or history.

Ballerina - Monica Loughman 2014-12-20

Monica Loughman's story is the enchanting tale of a 14-year-old girl leaving the comforts of home to train in a strict and austere Russian ballet school. She brought her dreams of becoming a professional ballerina with her. While many young ballerinas' aspirations are unfulfilled, Loughman became a dancing sensation and was the first Western European to join Russia's distinguished Perm State Theatre of Opera and Ballet. Not just for ballet lovers, this gripping tale also details the endurance and stamina needed to survive in post Soviet-Union Russia. Monica vividly evokes the closed and foreign world of ballet with natural assurance. Her book also reveals the brutality and suffering that often lies behind ballet's fairytale facade. *Ballerina* is the story of a young girl's single-minded determination to succeed against the odds. It is a truly engrossing story.

Ballet - DK 2019-01-15

This DK visual guide to ballet history goes beyond other ballet books, with beautiful photography that captures famous dancers and key stories. Discover more than 70 of the most famous ballet dances, from *The Nutcracker* and *Swan Lake* to *The Rite of Spring*. Learn the stories behind renowned companies such as The Royal Ballet and the Bolshoi Ballet. Explore the lives and achievements of dancers across the centuries, such as Margot Fonteyn, Carlos Acosta, and Darcey Bussell. Meet composers and choreographers, from Pyotr Ilyich Tchaikovsky to Matthew Bourne. From its origins at court and the first national ballet companies, to the contemporary scene and extraordinary venues that stage the productions, this book covers an impressive history of ballet and provides an invaluable overview of the subject. Filled with rarely seen photographs covering all the key figures, pieces, and performances, and compelling facts about each dance--the sources they draw from, their production history, and

their reception over time--*Ballet: The Definitive Illustrated Story* is an essential gift for all ballet enthusiasts.

A Young Dancer - Valerie Gladstone 2009-03-31

This exciting picture book introduces readers to the world of dance by following Iman Bright, a thirteen-year-old student at the prestigious Ailey School in New York City, as she gets ready for a performance with her fellow students.

Dancing Wheels - Patricia McMahon 2000

Describes the creation, training, and performances of the dance troupe known as Dancing Wheels who incorporate the movements of dancers who dance standing up and those who are in wheelchairs.

Swan - Laurel Snyder 2015-08-18

The world is big. Anna is small. The snow is everywhere and all around. But one night . . . One night, her mother takes her to the ballet, and everything is changed. Anna finds a beauty inside herself that she cannot contain. So begins the journey of a girl who will one day grow up to be the most famous prima ballerina of all time, inspiring legions of dancers after her: the brave, the generous, the transcendently gifted Anna Pavlova. Beautiful, inspirational, and triumphant, Anna Pavlova's life is masterfully captured in this exquisite picture book.

Tiny Dancer - Siena Cherson Siegel 2021-11-02

"Siena Cherson Siegel dreamed of being a ballerina. Her love of movement and dedication to the craft earned her a spot at the School of American Ballet. [She's] worked hard her whole life to be a professional ballet dancer, then makes the difficult decision to quit dancing and tries to figure out what comes next. But what do you do when you have spent your entire life working toward a goal, having that shape your identity, and then decide it's time to move on? How do you figure out what to do with your life? And how do you figure out who you are?"--

The Story of Misty Copeland - Frank Berrios 2021-11-30

Discover the life of Misty Copeland--a story about changing the world through dance, for kids ages 6 to 9 Misty Copeland is the first Black female principal dancer for the American Ballet Theatre. Before she made history and became a symbol of change in the world of ballet, she was a determined girl who loved watching gymnastics and dancing on the drill team. She

worked hard and overcame many obstacles to fulfill her dream of becoming a great ballerina. This book helps kids explore how Misty went from being a shy young girl growing up in California to a world-famous ballet dancer and a role model to many people. This Misty Copeland book for kids includes: Core curriculum--Kids will learn the Who, What, Where, When, Why, and How of Misty's life so far, and take a quick quiz to test their knowledge. Her lasting change--This book explains Misty's impact and how she changed the world of ballet for future generations. Short chapters--Brief chapters divide Misty's story into smaller sections that inspire new readers to keep reading. How will Misty's dedication and positive outlook inspire the child in your life?

Life in Motion - Misty Copeland 2016-12-06
Determination meets dance in this prizewinning and New York Times bestselling memoir by the history-making ballerina Misty Copeland, vividly recounting the story of her journey to become the first African American female principal ballerina at the prestigious American Ballet Theatre. When she first placed her hands on the barre at an after-school community center, no one expected thirteen-year-old Misty Copeland to become one of America's most groundbreaking dancers. A true prodigy, she was attempting in months roles that take most dancers years to master. But when Misty became caught between the control and comfort she found in the world of ballet and the harsh realities of her own life, she had to choose to embrace both her identity and her dreams, and find the courage to be one of a kind. With an insider's passion, Misty opens a window into the life of an artist who lives life center stage, from behind the scenes at her first classes to her triumphant roles in some of the world's most iconic ballets. A sensational memoir as "sensitive" and "clear-eyed" (The Washington Post) as her dancing, *Life in Motion* is a story of passion, identity, and grace for anyone who has dared to dream of a different life.

The Illustrated Book of Ballet Stories - Barbara Newman 2005

Text and pictures show scenes and steps from the ballets "Sleeping Beauty," "Giselle," "Coppelia," "Swan Lake," and "The Nutcracker," while the enclosed CD includes the stories told

scene-by-scene.

Life in Motion - Misty Copeland 2014-03-04
Profiles the life and career of the professional ballerina, covering from when she began dance classes at age thirteen in an after-school community center through becoming the only African American soloist dancing with the American Ballet Theatre.

Your Life in Motion - Misty Copeland 2018-11-20
From the first female African American principal dancer in American Ballet Theatre history, Misty Copeland, comes an encouraging guided journal that's inspired by her New York Times bestselling memoir, *Life in Motion*. Misty Copeland has broken down barriers in the world of dance, becoming the first African American female principal dancer at the American Ballet Theatre. And along the way, she's always used the art of journaling to remember it all. Now, she's sharing her passion for writing with you! Featuring prompts, quizzes, motivational quotes, and more, *Your Life in Motion*—inspired by Misty's own experiences—will help young readers live their best lives every day!

The Ballet Book - Deborah Bowes 2018-09-22
"This comprehensive guide... helps youngsters who love ballet to understand the hard work and commitment involved in classical dance training." -- School Library Journal (of the first edition) "A detailed, practical guide for serious ballet students... To balance collections heavy on colorful ballet books for browsers with stars in their eyes, here's a guide for ballet students who are ready to get down to work." -- Booklist (of the first edition) Prepared in conjunction with Canada's National Ballet School, *The Ballet Book* is the definitive instructional resource for children who are beginning to explore the possibilities and delights of ballet. *The Ballet Book* is an inspirational motivator, an exceptional teaching aid, and an ideal companion for students. Now it has all-new photographs in color and a text more suited to contemporary young dancers. The book illustrates in meticulous detail -- and through more than 100 photographs -- every position, step and pose involved in barre work, pointe work, alignment, classical ballet poses, attitudes, allegros, batteries, pirouettes and arabesques. Age-appropriate and comprehensive, it is a motivational guide, with information on deciding

to dance; finding a teacher; musical accompaniment; finding the ideal studio; what to wear and grooming; positions, steps and poses; and exercises and nutrition. Historical highlights and modern opportunities complete this comprehensive book. The Ballet Book is a strong guide for both boys and girls.

Firebird - Misty Copeland 2014-09-04

In her debut picture book, Misty Copeland tells the story of a young girl--an every girl--whose confidence is fragile and who is questioning her own ability to reach the heights that Misty has reached. Misty encourages this young girl's faith in herself and shows her exactly how, through hard work and dedication, she too can become Firebird. Lyrical and affecting text paired with bold, striking illustrations that are some of Caldecott Honoree Christopher Myers's best work, makes Firebird perfect for aspiring ballerinas everywhere.

Kenzie's Rules for Life - Mackenzie Ziegler 2018-05-08

The bestselling inspirational, upbeat collection of relatable lessons from the teen sensation, Mackenzie Ziegler—an award-winning dancer, singer/songwriter, and actress. Growing up is hard, but growing up in the spotlight is even harder. However, Mackenzie Ziegler is taking it all in stride, thanks to her positive attitude on life. From getting her start on Dance Moms, to her sold-out tour alongside Johnny Orlando, there's nothing that she can't do. In *Kenzie's Rules for Life*, the dance prodigy, singer/songwriter, actress, and model offers her advice on friendship, family, fitness, style, and positivity. She shares lessons drawn from her own experiences for those navigating through their tween years on how to be happy, healthy, and confident in all aspects of their lives. The book also features a foreword by her sister Maddie Ziegler, author of the New York Times bestseller *The Maddie Diaries*.

Bunheads - Sophie Flack 2011-10-10

On-stage beauty. Backstage drama. As a dancer with the ultra-prestigious Manhattan Ballet Company, nineteen-year-old Hannah Ward juggles intense rehearsals, dazzling performances and complicated backstage relationships. Up until now, Hannah has happily devoted her entire life to ballet. But when she meets a handsome musician named Jacob,

Hannah's universe begins to change, and she must decide if she wants to compete against the other "bunheads" in the company for a star soloist spot or strike out on her own in the real world. Does she dare give up the gilded confines of the ballet for the freedoms of everyday life?

Night's Dancer - Yaël Tamar Lewin 2011-09-13

Winner of the The Marfield Prize / National Award for Arts Writing (2011) Dancer Janet Collins, born in New Orleans in 1917 and raised in Los Angeles, soared high over the color line as the first African-American prima ballerina at the Metropolitan Opera. *Night's Dancer* chronicles the life of this extraordinary and elusive woman, who became a unique concert dance soloist as well as a black trailblazer in the white world of classical ballet. During her career, Collins endured an era in which racial bias prevailed, and subsequently prevented her from appearing in the South. Nonetheless, her brilliant performances transformed the way black dancers were viewed in ballet. The book begins with an unfinished memoir written by Collins in which she gives a captivating account of her childhood and young adult years, including her rejection by the Ballet Russe de Monte Carlo. Dance scholar Yaël Tamar Lewin then picks up the thread of Collins's story. Drawing on extensive research and interviews with Collins and her family, friends, and colleagues to explore Collins's development as a dancer, choreographer, and painter, Lewin gives us a profoundly moving portrait of an artist of indomitable spirit. Ebook Edition Note: The John Martin review on pages 122-123 has been redacted.

Bunheads - Misty Copeland 2020-09-29

Instant New York Times bestselling series opener inspired by prima ballerina and author Misty Copeland's own early experiences in ballet. From prima ballerina and New York Times bestselling author Misty Copeland comes the story of a young Misty, who discovers her love of dance through the ballet Coppélia--a story about a toymaker who devises a villainous plan to bring a doll to life. Misty is so captivated by the tale and its heroine, Swanilda, she decides to audition for the role. But she's never danced ballet before; in fact, this is the very first day of her very first dance class! Though Misty is excited, she's also nervous. But as she learns

from her fellow bunheads, she makes wonderful friends who encourage her to do her very best. Misty's nerves quickly fall away, and with a little teamwork, the bunheads put on a show to remember. Featuring the stunning artwork of newcomer Setor Fiadzigbey, *Bunheads* is an inspiring tale for anyone looking for the courage to try something new.

Evelyn Cisneros, Prima Ballerina - Charnan Simon 1990

Describes the early life, training, and accomplishments of the Mexican American dancer who is the prima ballerina for the San Francisco Ballet.

A Body of Work - David Hallberg 2017-11-07

David Hallberg, the first American to join the famed Bolshoi Ballet as a principal dancer and the dazzling artist *The New Yorker* described as “the most exciting male dancer in the western world,” presents a look at his artistic life—up to the moment he returns to the stage after a devastating injury that almost cost him his career. Beginning with his real-life Billy Elliot childhood—an all-American story marred by intense bullying—and culminating in his hard-won comeback, Hallberg’s “moving and intelligent” (Daniel Mendelsohn) memoir dives deep into life as an artist as he wrestles with ego, pushes the limits of his body, and searches for ecstatic perfection and fulfillment as one of the world’s most acclaimed ballet dancers. Rich in detail ballet fans will adore, Hallberg presents an “unsparing...inside look” (*The New York Times*) and also reflects on universal and relatable themes like inspiration, self-doubt, and perfectionism as he takes you into daily classes, rigorous rehearsals, and triumphant performances, searching for new interpretations of ballet’s greatest roles. He reveals the loneliness he felt as a teenager leaving America to join the Paris Opera Ballet School, the ambition he had to tame as a new member of American Ballet Theatre, and the reasons behind his headline-grabbing decision to be the first American to join the top rank of Bolshoi Ballet, tendered by the Artistic Director who would later be the victim of a vicious acid attack. Then, as Hallberg performed throughout the world at the peak of his abilities, he suffered a crippling ankle injury and botched surgery leading to an agonizing retreat from ballet and an honest

reexamination of his entire life. Combining his powers of observation and memory with emotional honesty and artistic insight, Hallberg has written a great ballet memoir and an intimate portrait of an artist in all his vulnerability, passion, and wisdom. “Candid and engrossing” (*The Washington Post*), *A Body of Work* is a memoir “for everyone with a heart” (*DC Metro Theater Arts*).

Misty Copeland - Laurie Calkhoven 2016-12-27
Discusses Misty Copeland's family, childhood, and early dancing years before she became a world famous ballerina.

How They Became Famous Dancers - Anne Dunkin 2016-07-18

How They Became Famous Dancers tells the story of 12 famous dancers who lived from the seventeenth into the twenty-first centuries: Louis XIV, John Durang, Marie Taglioni, William Henry 'Juba' Lane, Anna Pavlova, Rudolf Laban, Doris Humphrey, Michio Ito, Mrinalini Sarabhai, Pearl Primus, Amalia Hernandez, and Arthur Mitchell.

My Little Golden Book About Misty Copeland - Sherri L. Smith 2022-01-18

Help your little one dream big with a Little Golden Book biography all about Misty Copeland, the American Ballet Theatre's first Black principal dancer! The perfect introduction to nonfiction for preschoolers! This Little Golden Book introduces ballet prodigy Misty Copeland to the youngest readers. The first Black principal dancer in the history of the American Ballet Theatre—who didn't start dancing until she was almost thirteen—continues to impress the world and pave the way for young Black girls to chase their dreams. Look for Little Golden Book biographies about these other inspiring people:

- Joe Biden • Kamala Harris • Betty White • Frida Kahlo • Dolly Parton • Ruth Bader Ginsburg • Jackie Robinson • Martin Luther King Jr. • George Washington • Abraham Lincoln • Johnny Appleseed

Ballerina Body - Misty Copeland 2017-03-21
The celebrated ballerina and role model shares the secrets of how to reshape your body and achieve a lean, strong physique and glowing health. Misty Copeland believes "There has been a shift in recent years in which women no longer desire the bare bones of a runway model. Standards have changed: what women do want

is a long, toned, powerful body with excellent posture." In other words, the body of a ballerina. In her first health and fitness book, Misty will show women how to get healthier and stronger and how to reshape their bodies to be lean and flexible with: Step-by-step advice Meal plans focusing on healthy fats Workout routines Words of inspiration, including excerpts from Misty's personal journal

Ballet Shoes - Noel Streatfeild 1979

Relates the fortunes of three adopted sisters who take dancing and stage training, one to become an actress, the second a ballerina, and the third an aviatrix.

Life in Motion - Misty Copeland 2016-12-06

Determination meets dance in this middle grade adaptation of the New York Times bestselling memoir by the first African-American principal dancer in American Ballet Theatre history, Misty Copeland. As the first African-American principal dancer at the American Ballet Theatre, Misty Copeland has been breaking down all kinds of barriers in the world of dance. But when she first started dancing--at the late age of thirteen--no one would have guessed the shy, underprivileged girl would one day make history in her field. Her road to excellence was not easy--a chaotic home life, with several siblings and a single mother, was a stark contrast to the control and comfort she found on stage. And when her home life and incredible dance promise begin to clash, Misty had to learn to stand up for herself and navigate a complex relationship with her mother, while pursuing her ballet dreams. *Life in Motion* is a story for all the kids who dare to be different, dream bigger, and want to break stereotypes in whatever they do.

The Maxi Mounds Guide to the World of Exotic Dancing - Maxi Mounds 2004-11

Maxis book is an honest account of the whole Exotic Dance scene, good and bad, written by an insider who loves being an Exotic Dancer and isn't ashamed of her art, her life or her world. Its funny, wry, and candid and includes an excellent history of Exotic Dancing that goes back to Neolithic times.

Dancing Shapes - Once Upon A Dance 2020-10-30

What elements define the shapes of dance? With over 50 poses to contemplate and/or recreate, readers develop an eye for detail and explore

concepts such as pointed/flexed, tilted, weight, and straight/bent/curved. Dancers increase body awareness, spatial perception and balance, as well as practice ballet technique. Ballet vocabulary is highlighted, along with the value of practice and healthy choices. Spectacular photos of dancing shapes found in nature, creative fantasy, and ballet movements, positions, and forms offer a glimpse into one dancer's ballet journey. A wonderful resource and inspiration for young dance fans.

Hope in a Ballet Shoe - Michaela DePrince 2015-06-04

Hope in a Ballet Shoe tells the story of Michaela DePrince. Growing up in war-torn Sierra Leone, she witnessed atrocities that no child ever should. Her father was killed by rebels and her mother died of famine. Sent to an orphanage, Michaela was mistreated and saw the brutal murder of her favourite teacher. Then Michaela and her best friend are adopted by an American couple, and Michaela begins to take dance lessons. But life in the States isn't without difficulties. Unfortunately, tragedy can find its way to Michaela in America, too, and her past can feel like it's haunting her. The world of ballet is a racist one, and Michaela has to fight for a place amongst the ballet elite, hearing the words 'America's not ready for a black girl ballerina.' And yet . . . Today, Michaela DePrince is an international ballet star, dancing for The Dutch National Ballet at the age of nineteen. This is a heart-breaking, inspiring autobiography by a teenager who shows us that, beyond everything, there is always hope for a better future.

Black Ballerinas - Misty Copeland 2021-11-02 From New York Times bestselling and award-winning author and American Ballet Theatre principal dancer Misty Copeland comes an illustrated nonfiction collection celebrating dancers of color who have influenced her on and off the stage. As a young girl living in a motel with her mother and her five siblings, Misty Copeland didn't have a lot of exposure to ballet or prominent dancers. She was sixteen when she saw a black ballerina on a magazine cover for the first time. The experience emboldened Misty and told her that she wasn't alone—and her dream wasn't impossible. In the years since, Misty has only learned more about the

trailblazing women who made her own success possible by pushing back against repression and racism with their talent and tenacity. Misty brings these women's stories to a new generation of readers and gives them the recognition they deserve. With an introduction from Misty about the legacy these women have had on dance and on her career itself, this book delves into the lives and careers of women of color who fundamentally changed the landscape of American ballet from the early 20th century to today.

Henry Leutwyler: Misty Copeland - 2021-06-29

A collaborative portrait of the renowned American ballet dancer Henry Leutwyler is certainly no stranger to the art of ballet--for many years he photographed on stage and behind the scenes at the New York City Ballet, culminating in his book *Ballet*, since published by Steidl in two editions. Yet Misty Copeland pushes Leutwyler's vision into a new direction: neither a strict portrait of the renowned ballerina nor a mere documentation of her exceptional craft, this is an intimate collaboration between photographer and subject that explores the subtleties of Copeland as a performer, person, persona and idol. Born in Kansas City, Missouri, and raised in San Pedro, California, Copeland's biography has all the arc of a fairy tale: she was living in a shabby hotel room, struggling with five siblings for a place to sleep on the floor, when she began ballet studies at the late age of 13. She soon proved a prodigy: within three months of her first class she was dancing en pointe, in just over a year she was performing professionally. In 2015 she became the first African American woman appointed

principal dancer at the prestigious American Ballet Theater in the 75 years of its existence. In Copeland's own words: "The path to your success is not as fixed and inflexible as you think." Born in 1961 in Switzerland, Henry Leutwyler moved to Paris in 1985 and established himself there as an editorial photographer. In 1995 he moved to New York City where he lives and works today. His books with Steidl are *Neverland Lost: A Portrait of Michael Jackson* (2010), *Ballet: Photographs of the New York City Ballet* (2012), *Document* (2016), *Hi there!* (2020) and the forthcoming *Philippe Halsman: A Photographer's Life*.

To Dance - Siena Cherson Siegel 2019-10-01
A beautifully refreshed and expanded special edition of the Sibert Honor-winning graphic memoir about the dreams and realities of becoming a ballerina. Ballerinas are young when they first dream of dance. Siena was six—and her dreams kept skipping and leaping, circling and spinning, from airy runs along a beach near her home in Puerto Rico, to dance classes at the School of American Ballet, to her debut performance on stage with the New York City Ballet while working with ballet legend George Balanchine. Part family history, part backstage drama, this beautifully updated graphic memoir—which features a refreshed design and a brand-new scrapbook of Siena's mementoes—is an original, firsthand look at a young dancer's beginnings.

Taking Flight - Michaela DePrince 2014
"The memoir of Michaela DePrince, who lived the first few years of her life in war-torn Sierra Leone until being adopted by an American Family. Now seventeen, she is one of the premiere ballerinas in the United States"--