

# Physical Therapy For Horses A Visual Course In Ma

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Pocket Piggies: I Love You! - Richard Austin 2020-10-27  
What's the best thing in the world? I love you more than that! Celebrate the most magical feeling of all with those lovable Teacup Pigs of Pennywell Farm. Pocket

Piggies: I Love You! is a sweet message of love and affection for little kids--on Valentine's or any day of the year!

**101 Dressage Exercises for Horse and Rider** - Jec

Aristotle Ballou 2005-01-01  
Dressage, the equestrian

practice in which a horse makes highly precise movements in response to barely perceptible signals from the rider, has taken hold of America's equestrians. Participation rates have risen by 200 percent over the past twenty years, as baby-boomer riders have discovered dressage to be less strenuous and dangerous than jumping, yet offering the satisfaction of mastering techniques and the opportunity to compete and advance to higher levels of achievement. 101 Dressage Exercises for Horse & Rider, presented in Storey's highly visual 'Read & Ride' format, features a full arena diagram and step-by-step instructions for each exercise. The exercises address all levels of riders, starting with the basics and moving up to maneuvers developed by members of the U.S. Olympic team. Training tips and masterly guidance make this an indispensable reference for all dressage riders. Even Western riders interested in enhancing their performance will find these

foundational exercises useful. Dressage riders are information-hungry readers, often referred to as 'the thinking horsemen.' This book's sturdy format, combbound and drilled so it can be hung on a ringside post, will appeal to these reading riders, whether in or out of the saddle.

Equine Lameness for the Layman - G. Robert Grisel, DVM 2019-02-08

Lameness is the most common cause of poor performance in the horse. This makes management of his soundness over the long-term integral to both his general well-being and his ability to participate in recreational and competitive activities. Unfortunately, most equine caretakers are unable to perceive abnormal movement in the horse, extending the period between the onset of a problem and its eventual treatment, and the longer an issue is allowed to persist, the greater the chance that it will progress. Many equine veterinarians also find it difficult to visually decipher

lameness, which leads to lengthy, expensive, and often inaccurate diagnostic work-ups. It is with these two key audiences in mind that Dr. Bob Grisel has created a book unlike any other. With hundreds of illustrations, dozens of charts, and links to online videos of explanatory case studies, readers are given a complete course in observing, identifying, and decoding equine lameness. Dr. Grisel helps you interpret what is seen, plain and simple (no need for medical knowledge of equine anatomy and pathology). Whether first-time horse owner or seasoned professional, you are guaranteed to come away with a detailed, systematic, and comprehensive method for a happier, healthier equine partner.

H is for Horse - Michael Ulmer  
2013-09-20

In the style and format of our alphabet books comes "H is for Horse: An Equestrian Alphabet". From basics such as mucking out the stall and how to judge a horse's qualities to

historical facts on the Royal Canadian Mounted Police, Mike Ulmer relays the fun and fundamentals of the world of horses. Lush, detailed paintings by Gijsbert van Frankenhuyzen, whose work "School Library Journal" has described as 'luminous,' capture the beauty and magnificence of these creatures.

### **Physical Therapy and Massage for the Horse** -

Jean-Marie Denoix 2021-06-29

The authors, a world leader in equine anatomy and imaging and a horse physiotherapist of international repute, provide a unique blend of basic biomechanics and practical physical therapeutic techniques, to relieve pain and improve performance, particularly in the sporting horse. This subtle and original book will be of interest to all those involved in equine welfare including veterinary practitioners, veterinary students, therapists, horse owners, riders, and trainers.

**Shetland Ponies** - Rachel Grack 2021-01-01

Shetland ponies are more than their small size. These powerful ponies have a history of surviving the harsh climate of Scotland's Shetland Islands. These hard workers have even worked in coal mines! This title draws in young readers with leveled text and vibrant images. A range map, size comparison, and timeline further engage young readers in this exciting book.

*101 Western Dressage Exercises for Horse & Rider* - Jec Aristotle Ballou 2014-01-01  
The exciting new discipline of Western Dressage lets riders of Western pleasure, work, or competitive horses enjoy the benefits of traditional dressage while using Western tack and attire. This book -- the very first on the topic -- offers 101 fun and effective exercises that will improve every Western horse's suppleness, balance in movement, and responsiveness. Each exercise is presented with illustrated, step-by-step instructions and a full arena diagram, and exercises are organized by focus: softness, looseness, rider development,

engagement, adjustability, and ground work. This book is the ultimate reference for this new sport.

From Foal to Horse - Robin Nelson 2017-08-01

How does a foal grow into a horse? Follow each step in nature's cycle—from birth to stallion or mare—in this fascinating book!

The Spanish Mustang - Ellen Frazel 2011-08-01

"Engaging images accompany information about the Spanish mustang. The combination of high-interest subject matter and narrative text is intended for students in grades 3 through 7"--Provided by publisher.

Guess the Horse - Kari Noel 2020-08-06

A little pony and a large draft horse join up with eight other mystery horsies in this book. The little pony is not worried about measuring up. And the large draft horse is not hiding its size. They want to stand out to young readers.

**The Way Home** - Becky Citra 13-03-11

Tory has been bumped from

foster home to foster home for most of her nine years. Living with yet another new family, this time on a horse ranch for the summer, she falls in love with Lucky, the friendly pony she is allowed to ride. A nearby forest fire forces the family to evacuate, and Tory is devastated when Lucky has to be left behind. With no choice but to stay in town until it's safe to go back to the ranch, Tory feels as out of place as ever, and her worry for Lucky's safety makes matters worse. Like Tory, Lucky is a survivor. He escapes from the fire into the woods, where he faces hardship and danger, from lack of water to a brush with a pack of hungry wolves. Will pony and girl find each other again? Kindred spirits, neither of them will stop until they find a way home, wherever that may be.

### **Posture and Performance -**

Gillian Higgins 2015-12-01

From the author of the hugely successful titles *How Your Horse Moves* and *Horse Anatomy for Performance*, comes a completely different

training manual, also based on the *Horses Inside Out* philosophy: 'Understanding Anatomy Improves Performance and Reduces the Risk of Injury'. Divided into three main parts: Principles of Anatomical Riding and Training; Exercises for Horse and Rider; Troubleshooting, the book contains a wealth of practical tips and exercises broken down into easy to follow, well-illustrated steps showing how riders can improve their riding skills and potential. The author suggests ways to improve horses' physique, posture, flexibility, stability, core strength, performance and movement and how to reduce muscular and movement problems, and reduce the risk of injury.

### **The Essential Hoof Book -**

Susan Kauffmann 2018-01-01

The equine hoof is a complex marvel of natural engineering, built to withstand tremendous forces and able to adapt to an astonishing range of environmental conditions. It also changes daily—for better or for worse—in response to

external and internal factors. Few horse owners have the opportunity to acquire a deep understanding of the hoof, which limits their ability to advocate on their horses' behalf and make informed decisions about hoof care and management. This book is the first resource of its kind to combine the most current and useful information available, gleaned from the research and wisdom of top hoof experts around the world, with a unique "hands-on" approach. The authors provide basic terms and anatomy, clearly illustrate the differences between healthy and unhealthy feet, discuss biomechanics and management concerns, and cover the causes, treatments, and prevention of commonly encountered problems, including laminitis, white line disease, and thrush. Along the way, readers are given activities to help them better analyze and understand the most important aspects of equine hoof health, such as hoof balance, depth of sole, and point of breakover.

Easy-to-follow language, over 400 full-color photographs, and do-it-yourself exercises promise to empower horse owners and caretakers of all experience levels with the tools they need to accurately assess hoof health and keep their horses as sound and happy as possible.

Kinesiology Taping for Horses -  
Katja Bredlau-Morich  
2018-01-15

Kinesiology taping on human athletes is all the rage: widely used by physical therapists, chiropractors, and personal trainers, we see it on Olympians, runners, basketball players—on amateurs and professionals. The idea behind taping is that it provides incredible support and stabilization of ligaments and tendons while simultaneously stretching and flexing like a "second skin" to allow full range of motion. It can also activate or relax muscles, depending on its application. Our equine athletes can benefit hugely from taping techniques, and this terrific guidebook provides the ultimate reference

for understanding both the uses of kinesiology tape and its numerous applications. With hundreds of color photographs and step-by-step instructions for the do-it-yourselfer, equine physiotherapist Katja Bredlau-Morich explains the following forms of kinesiology taping: Muscle - Lymphatic - Scar - Fascia - Space - Hematoma - Stabilization - Tendon - Cross

In addition, numerous case studies demonstrate how taping can change your horse's life, keeping him pain-free and performing his best for years to come.

*Horse Anatomy* - Robert A. Kainer 1998

This horse anatomy book is an excellent learning tool for all people who deal with horses or veterinary medicine. You will explore equine anatomy by coloring the anatomically accurate illustrations of the horse's organs and reading the short descriptions accompanying them. This is a pleasant and rewarding learning tool for veterinary medicine students, equine science majors, 4-H horse

projects and all horsemen, horse trainers, breeders and farriers.

**The Shetland Pony** - Sara Green 2011-08-01

"Engaging images accompany information about the Shetland pony. The combination of high-interest subject matter and narrative text is intended for students in grades 3 through 7"--Provided by publisher.

Horse Anatomy for Performance - Gillian Higgins 2012-04-01

Examine the anatomy of a horse from an entirely different perspective. This intriguing and original explanation of the 11 internal body systems of horses shows them painted on the outside to describe everything on the inside. The horse is a highly sophisticated living organism so to enable him to reach his full athletic performance and give him a happy, healthy quality of life it is vital to understand both his capabilities and limitations within the context of his structure and function. Gillian Higgins turns her trademark technique of painting internal

diagrams directly onto live horses to show how all the systems work, and work together, to influence performance and reduce the risk of injury. Divided into 12 chapters, *Horse Anatomy for Performance* combines high quality photographs and intricate paintings with top tips and fascinating facts to provide a practical and useful guide to horse anatomy. Visually appealing, original and easily understandable, the book explains how anatomy influences the way we manage, ride and train our horses. This book is a sequel to *How Your Horse Moves* by Gillian Higgins; together the books provide a comprehensive guide to horse anatomy in action "Finally a book where you can learn how your horse ticks - inside out - and it is easy to understand and fun to read. A must for every serious equestrian." --Dr W.

Bechtolsheimer

*Foals* - Tim Mayerling 2018

"This board book introduces emergent readers to the world of a newborn foal"--

*Straightening the Crooked Horse* - Gabriele Rachen-Schoneich 2021-03-05

It is well known that the horse naturally carries more weight on his forehead than on his hindquarters. This forward center of gravity, combined with an often unrecognized, inborn crookedness from poll to tail, can greatly inhibit training and ultimately affect the horse's physical soundness and willingness to perform. In fact, Gabriele Rachen-Schoneich and Klaus Schoneich attribute 95 percent of all locomotive problems, in both sport and leisure horses, to this inherent crookedness. For over 25 years, Rachen-Schoneich and Schoneich—along with expert riders, trainers, veterinarians, and other specialists—have concentrated specifically on this theory at their international training center in Germany. There they have worked with—and successfully "cured" through appropriate gymnastic training—more than 4,000 horses with straightness problems related to: incorrect

or insufficient training; bad riding; veterinary misdiagnosis; poorly fit tack and equipment, and other causes. Now, the couple describe their techniques, not only for addressing the symptoms of crookedness in an already schooled horse, but also for dealing with the "innate problem" in unbroken youngsters. Readers learn how using groundwork with green horses can "straighten" them and increase their "carrying power" before they are backed. You'll see how, with sufficient attention to gymnastic training on the longe and in hand, the eventual transition to work under saddle can be handled smoothly, easily, and without ever sacrificing correct locomotion.

*Original Horse Bible, 2nd Edition* - Moira C. Reeve  
2021-10-19

The most comprehensive single volume dedicated to horses, *Original Horse Bible, 2nd Edition* is a celebration of the long relationship that humans and horses enjoy, written by two highly regarded

horsewomen, the late Moira C. Allen and Sharon Biggs. Covering an array of topics that span the world of horses, including evolution, domestication, horseback riding, training, competing, breeding, and so much more, making this complete guide is a must-have for any avid horse-lover! An extensive breed chapter offers portraits of approximately 175 breeds, alphabetically arranged, from the Abaco Barb to the Welsh Pony, plus many rare and handsome breeds from around the world as well as favorites like the American Quarter Horse, the Shetland Pony, and the Thoroughbred. With over 100 training and behavior tips, more than 50 riding, grooming, and health takeaways, and so much more, the *Original Horse Bible* belongs on the shelves of anyone who admires these magnificent creatures. This second edition includes new sections on advances in imaging technology and medications, as well as updated information on saddles, bits, poisonous plants,

deworming practices, and natural horsemanship.

**Thoroughbred Horses** - Carl Meister 2018-09-17

Jump into the NBA action with this high-interest account of the Boston Celtics pro basketball team, including league championships won and star players such as Bill Russell.

**Equine Fitness** - Jec Aristotle Ballou 2009-01-01

Includes illustrated exercises and routines for horses of very age, ability and discipline, with conditioning aimed at improving soundness, stamina, longevity and quality of motion, in a book geared toward all types of riders, from backyard horse owners to competitive show riders. Original.

Pony Pals - Pat Jacobs 2018-12  
From where they sleep to what they eat, this book gives you all the advice you need to become a ponys best pal. Learn the inside information on how ponies communicate, and how to understand their behavior, so you can feel confident about your pony knowledge.

**American Saddlebred**

**Horses** - Carl Meister  
2018-08-21

This photo-illustrated book for elementary readers describes the unique characteristics of the beautiful and regal American saddlebred horse. Explains the history of the American saddlebred, how it is trained to be a gaited horse, and how it has become the "peacock" of the horse show ring.

American Quarter Horses - Carl Meister 2018-09-17

A look at hyenas, including their habitats, physical characteristics such as their powerful jaws, behaviors, relationships with humans, and the declining populations of these often-misunderstood animals in the world today.

*Core Conditioning for Horses* -

Simon Coccozza 2019-10-22

Gentle ways to improve the horse's core fitness while relieving pain related to conditions such as kissing spine. Every equestrian wants to know: what is the difference between the horse that "dances" when you are on him, and the one that doesn't?

According to Visconte Simon Coccozza, Trainer and Examiner for the La Fédération Française d'Equitation (FFE), it all comes down to the horse's posture. The horse's ability to use the powerful mechanisms already built into his body relies not upon the strength we can see on the outside but the strength on the inside. This invisible and complex arrangement of internal "core" muscles control the horse's posture, suppleness, and agility. Their good condition is the key to the dance. Equine core muscles are very difficult to isolate with the traditional training techniques common to horse sports. However, by examining what we do with the human body when faced with a weak core, we can find new methods for conditioning these areas of the equine body. Coccozza has taken principles of the human practice of yoga and used them to develop novel ways of reaching deep within the horse's body and: Gently "unlock" areas that may be a little "rusty." Improve core fitness. And even relieve pain

related to conditions such as kissing spine. In this highly illustrated book, he provides step-by-step instruction explaining easy mounted exercises that enhance the horse's posture, and boost his confidence in his body and movement, making him easier to ride, and ultimately, the dance partner you've always imagined.

*Physical Therapy for Horses* - Helle Katrine Kleven  
2019-08-20

An incredible course in preventive and rehabilitative equine therapy techniques for horse owners and professionals.

**Equine Structural Integration** - James V. Pascucci 2007-01-01

Equine Structural Integration: Myofascial Release Manual  
This book is a valuable guide to Equine Myofascial Release (MFR) for the horse owner or therapist as well as an essential reference for the professional practitioner. This book provides the essential overview and introduction to the techniques required to

understand Equine Structural Integration. Equine Structural Integration: Myofascial Release Manual presents a logical series of techniques for bringing more structural order to the horses in your care.

Equine Structural Integration: Myofascial Release Manual is rich in illustrations of Equine Myofascial Release Techniques for the: Head, Forelimb, Shoulders, Rear, working with scars, joints and myofascial stretching. The book is laid out in a very user friendly manner. The Equine Myofascial Release technique illustrations/photos and their description are kept together so you can easily follow the text while working with your horse. If you are working with a client's horse you can use the book as an added educational tool to help your clients better understand your work. This book is a needed educational tool for practitioners who provide Myofascial Therapy to horses. Equine Structural Integration: Myofascial Release Manual, takes you on a journey through the fascia from the cell to skin,

from physiology to movement evaluation and Myofascial Release Techniques for the entire horse.

**The New Equine Sports Therapy** - Mimi Porter  
1998-01-01

A breakthrough work providing the latest and most complete information on accepted modalities of equine sports therapy. Discusses treating equine injuries with ultrasound, electrical stimulation, photon therapy, magnetic field therapy, and discusses the more basic modalities of stretching, and heat and cold therapies.

**Biomechanics and Physical Training of the Horse** - Jean-Marie Denoix  
2014-01-15

Effective horse trainers strive to improve the performance of their horses while preserving the integrity of the musculoskeletal apparatus. Biomechanics and Physical Training of the Horse supplies an anatomical and functional overview of the topic, enabling trainers to optimize the different exercises their horses undergo during training and

competition. Following a brief description of the biomechanics of the muscles underlying equine movement, the book discusses the muscles of the forelimb, hindlimb, and neck and trunk. These fundamentals have direct bearing on the later chapters, which focus on training and the core exercises for a horse. This text is illustrated throughout by the author's top-quality photographs, diagrams, and his own beautiful anatomical drawings. The book is of lasting value to all professionals and well-informed amateurs who work with horses: veterinarians, trainers and riders, researchers, physical therapists, and educators in equine courses.

50 5-Minute Fixes to Improve Your Riding - Wendy Murdoch  
2010-07-01

5 minutes a day is all the time you need to achieve: • Better balance in the saddle • Improved body control from head to toe • Increased influence with your seat • Flawless leg position and

subtle aiding • Quieter, softer hands and contact your horse can trust • Less physical stiffness, tension, and riding-related pain • Confidence in your ability to communicate with your horse! PLUS, in just 5 minutes you can improve a horse that's: • Unwilling to go forward or "dead" to the leg • Hollow-backed, high-headed, or above the bit • Heavy on the forehand and unbalanced • A chronic "puller," "leaner," or "head-tosser"! Start or end your riding sessions with Wendy Murdoch's 5-Minute Fixes, and you'll be amazed how quickly you can replace old habits with new ones, get out of your "riding rut," and transform what you can't do into what you can do...naturally, capably, comfortably, and consistently alongside a happy riding partner—your horse.

**55 Corrective Exercises for Horses** - Jec Aristotle Ballou  
2019-01-04

A highly illustrated guide to simple yet effective methods for keeping horses sound, healthy, and performing their

best. Over time, horses (like people) acquire postural habits, compensate for soreness and injury, and develop poor movement patterns. This limits performance ability, causes unsoundness and health issues, and ultimately undermines the horse's overall well-being. Jec Aristotle Ballou has made a name for herself advocating for the horse and providing sensible instruction in his schooling, conditioning, and care. Her bestselling books and popular clinics are designed to enable any horse person to correctly apply proven principles that bring measurable progress while avoiding boredom and confusion. In her latest collection of mounted and unmounted corrective exercises, Ballou demonstrates how we can actively work to improve the horse's posture and movement, whether he is: An active performance or pleasure mount. An aging or older horse that benefits from gentle exercise. A horse being rehabilitated following injury,

illness, or lack of conditioning. Ballou's positive cross-training techniques are free of shortcuts, and her guidelines for analyzing the horse's posture and way of going help readers gain a new awareness of the equine body. Applicable for all disciplines and full of quality color photographs to explain the exercises, this is an integral collection that optimizes how the horse uses his body and helps ensure he stays sounder and healthier for more years of his life.

**Discover Horses** - Katrnia Streza 2017-06-09

Discover Reading Early Reader  
Do you like horses? Read all about horses in this Discover Reading Beginning Reader. Horse breeds, horse traits and horse facts and more are featured in manageable sentences for kindergarten, first, and second graders.

[Osteopathy and the Treatment of Horses](#) - Anthony Pusey 2011-11-18

Written by pioneering and internationally-renowned specialists in the field, this text provides clinically-orientated

information on osteopathy as a treatment for horses. It explains the scientific rationale of how osteopathy works in animals, as well as providing a detailed working guide to the technical skills and procedures you need to know to perform safe and effective osteopathic procedures. Drawing on well established practices for humans this book provides details on the full variety of diagnostic and therapeutic osteopathic procedures that can be used on horses. Full of practical information, it demonstrates how professionals treating equine locomotor problems can adapt different procedures in different clinical settings. Over 350 colour images and detailed step-by-step instructions demonstrate the procedures and practice of osteopathy. Covers treatment both with and without sedation and general anaesthetic. This comprehensive text is written for students and practitioners of osteopathy with an interest in treating horses. It will also be useful to other allied

therapists, and to veterinary practitioners who want to know more about the treatment of musculoskeletal problems.

My Favorite Pet: Dogs -

Victoria Marcos 2018-05-01

What is your favorite pet? My favorite pets are dogs. Would you like to learn about them? In My Favorite Pet: Dogs, students will learn about having dogs as pets. Each My Favorite Pet book includes information on where pets live, how they play, and what they eat. Sample Text: Dogs are smart and playful. Some like to play in the water. They also like to play tug-of-war and fetch.

Physical Therapy for Horses -

Helle Katrine Kleven

2020-05-15

An incredible illustrated reference to help keep the horse sound in body and mind and at the top of his game. In this highly illustrated book, equine physical therapy expert Helle Katrine Kleven begins with a comprehensible introduction to the musculoskeletal and nervous systems, as well as an

instructive conversation covering biomechanics basics, then explores the major areas of physical therapy in detail. Readers will find practical how-to guidance in the most popular therapeutic modalities, as well as cutting-edge alternatives that are currently gaining ground: Fascia work Stretching Massage Stability and strengthening exercises Laser therapy Kinesiotaping And much more. With this incredible course in preventive and rehabilitative techniques, horse owners and professionals will be thoroughly prepared to ensure their horses' comfort and well-being. The book includes: Over 300 color photos and illustrations. Facts and tips in easy-to-read callouts throughout. A section on preventive measures to stop problems before they start. Handy anatomical guides to the equine skeleton, muscle layers, and fascia.

Pony Express - M.C. Hall  
2013-03-01

Relive the excitement of the Pony Express through engaging text, detailed

illustrations, and photos of artifacts.

Beyond Horse Massage - Jim Masterson 2011-11

Would you like to enable your horse to perform and feel better, to overcome old limitations and restrictions and reach its full potential? In this book, Jim Masterson, Equine Massage Therapist for the 2006 and 2008 and 2010 USET Endurance Teams, and for equine clientele competing in FEI World Cup, Pan American and World Games competitions, teaches a unique method of equine bodywork, in which the practitioner recognizes and follows the responses of the horse to touch to release tension in key junctions of the body that most affect performance. This practical book: \* has step-by-step instructions, photographs and illustrations \* is ideally suited to accompany you to the barn, where you will practice the Masterson Method® techniques on horses. \* includes chapters with Tips & Techniques, anatomical explanations and examples

from Jim's practice help deepen your understanding. \* has a "quick reference" section will point you to exercises that are specifically suited to your particular discipline, may it be dressage, endurance, eventing or barrel racing, or others in the vast realm of horse sports. By using these techniques, and knowing the responses to look for, you are able to: \* achieve a release of accumulated stress in deep-seated key junctions of the horse's body that affects mobility, comfort, attitude, training and performance \* restore muscular and structural balance, and natural alignment \* enable your horse to perform optimally and respond to your training without stiffness and pain \* achieve new levels of communication and trust with your horse that spill over into other areas of interaction.

**Pilates for Horses** - Laura Reiman 2021-04-13

An innovative and easy-to-use application of Pilates principles to the training, conditioning, and rehabilitation of horses. This highly illustrated how-to

manual provides a clear guide to new ways of thinking about how to prevent injury in the horse, and when injuries do happen, to help the horse's body recover in a mindful and safe way. As a Pilates teacher for humans, horsewoman and eventer Laura Reiman has seen first-hand how consistent, quality exercise can ward off strain and injury, as well as heal. When her young horse was diagnosed with extreme back pain and a neurological disease, she turned to her knowledge of Pilates--the method she'd used to ease back pain in human clients for years--for help. She began to find ways to "bridge the gap" between the horse's mind and body to help increase his body awareness and core engagement. The result is a cohesive series of original exercises that can be taken in parts or as a whole and seamlessly incorporated into an existing training program to be a: Preventive tool to increase the horse's strength, balance, mobility, and stability. Framework for a new program

to help ease a horse back into work following an injury or time off. Readers will find chapters dedicated to:

- Observation-Basic anatomy and how to "know" your horse's body and movement.
- Stretching-Including incentive, supported static hold, and dynamic mobilization stretches.
- Core work-Such as the cat stretch and bridging.
- In-hand strengthening work-With exercises like criss-cross and ground pole progressions.
- Exercises on the longe line-Transitions, bending, and spiraling.
- Lessons under saddle-Gymnastics, hillwork, basic dressage, and tips for a successful warm-up.
- Alternative bodywork-Temperature therapy, massage, stability pads, bands, and more.

Pilates for Horses is an ideal instructional guide for all riders and trainers looking

to build and maintain a solid foundation of strength and comfort for their horses.

**Acupressure for Horses** - Ina Gosmeier 2018-08-01

Now you can help your horse with simple acupressure techniques! Learn to identify your horse's individual "body constitution type," which determines your choice of acupressure treatment; understand the 12 main channels of energy in your horse's body, and gain the ability to choose the correct points to treat specific issues. Relieve mild sources of pain and discomfort in your horse's body, influence his mental health and stability, and select appropriate treatment from a comprehensive list of common problems and their solutions, with step-by-step instructions and full-color photographs to help you help your horse.