

# The Divided Self An Existential Study In Sanity An

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Do You Love Me? - R. D. Laing 1978-01-01

## **Self and Others: Selected Works of R D Laing Vol 2** - R D Laing 2013-01-11

Originally published in 1961 this book is divided into two parts. In the first Laing critiques the Kleinian view of unconsciou phantasy, as developed by Susan Sutherland Isaacs. He emphasizes the overwhelming presence of social phantasy systems. In Part 2, Laing discusses the extent to which an individual is or is not invested in their own actions, using ideas drawn from Martin Buber and Sartre

## *The Politics of Experience and The Bird of Paradise* - R. D. Laing 1990-04-26

In 'The Politics of Experience' and the visionary 'Bird of Paradise', R.D. Laing shows how the straitjacket of conformity imposed on us all leads to intense feelings of alienation and a tragic waste of human potential. He throws into question the notion of normality, examines schizophrenia and psychotherapy, transcendence and 'us and them' thinking, and illustrates his ideas with a remarkable case history of a ten-day psychosis. 'We are bemused and crazed creatures,' Laing suggests. This outline of 'a thoroughly self-conscious and self-critical human account of man' represents a major attempt to understand our deepest dilemmas and sketch in solutions. 'Everyone in contemporary psychiatry owes something to R.D. Laing' Anthony Clare, the Guardian.

Mad to be Normal - Ronald David Laing 1995  
People believe quite different things about R.D.

Laing, and the views it is claimed he held. Equally, there are many opinions about his intellectual worth. What is incontestable is that in the 1960s Laing wrote a number of books including *The Divided Self*, *The Politics of Experience and the Bird of Paradise* and *Sanity, Madness and the Family* that rocked the foundations of conventional psychiatry and galvanized the imagination of millions of ordinary readers. For the next twenty years his books were translated into every single major language in the world, and many more. His collection of short poems, *Knots*, enjoyed huge international success and was performed on television and the stage. His existential approach to madness angered many people as much as it sensitized others to matters of individual liberty and the importance of the social context of 'illness'. Through his fame he was almost reinvented, hence the burgeoning of the controversies that surround his work. *Mad to be Normal* presents Laing's own words, about his work and about his life. It is the most complete record on Laing, by Laing.

## **Self and Others** - R. D. Laing 1999

Published in the year 2002, *Selected Works RD Laing: Self & Other V2* is a valuable contribution to the field of Major Works.

## *R.D. Laing and the Paths of Anti-Psychiatry* - Zbigniew Kotowicz 2005-07-25

In the 1960s and 1970s, the radical and visionary ideas of R. D. Laing revolutionized thinking about psychiatric practice and the meaning of madness. His work, from *The*

Divided Self to Knots, and his therapeutic community at Kingsley Hall, made him a household name. But after little more than a decade he faded from prominence as quickly as he had attained it. R.D.Laing and the Paths of Anti-Psychiatry re-examines Laing's work in the context of the anti-psychiatry movement.

Concentrating on his most productive decade, the author provides a reasoned critique of Laing's theoretical writings, investigates the influences on his thinking such as phenomenology, existentialism and American family interaction research, and considers the experimental Kingsley Hall therapeutic community in comparison with anti-psychiatry experiments in Germany and Italy. The book provides a much needed reassessment and re-evaluation of Laing's work and its significance for psychotherapy and psychiatry today.

**Wisdom, Madness and Folly** - R. D. Laing 1998

This remarkable autobiography charts the subtle horrors of Laing's own upbringing in the 1940s. The author's lucid and witty prose offers some unforgettable personal experiences and a host of cultural, political and professional insights.

*The Facts of Life* - R. D. Laing 1984-01-12

The controversial British psychiatrist describes, explores, and reflects on facts and feelings, imaginings and memories, repressions and discoveries, and pains and joys of his life as child and man

**The Divided Self** - Ronald David Laing 1960

**The Divided Self** - R. Laing 2010-01-28

First published in 1960, this watershed work aimed to make madness comprehensible, and in doing so revolutionized the way we perceive mental illness. Using case studies of patients he had worked with, psychiatrist R. D. Laing argued that psychosis is not a medical condition but an outcome of the 'divided self', or the tension between the two personas within us: one our authentic, private identity, and the other the false, 'sane' self that we present to the world.

**The Self in Neuroscience and Psychiatry** - Tilo Kircher 2003-08-07

In recent years the clinical and cognitive sciences and neuroscience have contributed important insights to understanding the self. The neuroscientific study of the self and self-

consciousness is in its infancy in terms of established models, available data and even vocabulary. However, there are neuropsychiatric conditions, such as schizophrenia, in which the self becomes disordered and this aspect can be studied against healthy controls through experiment, building cognitive models of how the mind works, and imaging brain states. In this 2003 book, the first to address the scientific contribution to an understanding of the self, an eminent, international team focuses on current models of self-consciousness from the neurosciences and psychiatry. These are set against introductory essays describing the philosophical, historical and psychological approaches, making this a uniquely inclusive overview. It will appeal to a wide audience of scientists, clinicians and scholars concerned with the phenomenology and psychopathology of the self.

The Divided Self - Ronald David Laing 1973

*Interpretation of Schizophrenia* - Silvano Arieti 1957

*The Death of Desire* - M. Guy Thompson 2016-07-07

A stunning exploration of the relation between desire and psychopathology, *The Death of Desire* is a unique synthesis of the work of Laing, Freud, Nietzsche, and Heidegger that renders their often difficult concepts brilliantly accessible to and usable by psychotherapists of all persuasions. In bridging a critical gap between phenomenology and psychoanalysis, M. Guy Thompson, one of the leading existential psychoanalysts of our time, firmly re-situates the unconscious - what Freud called "the lost continent of repressed desires" - in phenomenology. In so doing, he provides us with the richest, most compelling phenomenological treatment of the unconscious to date and also makes Freud's theory of the unconscious newly comprehensible. In this revised and updated second edition to the original published in 1985, M. Guy Thompson takes us inside his soul-searching seven-year apprenticeship with radical psychiatrist R. D. Laing and his cohorts as it unfolded in counterculture London of the 1970s. This rite de passage culminates with a four-year sojourn inside one of Laing's post-Kingsley Hall

asylums, where Laing's unorthodox conception of treatment dispenses with conventional boundaries between "doctor" and "patient." In this unprecedented exploration, Thompson reveals the secret to Laing's astonishing alternative to the conventional psychiatric and psychoanalytic treatment schemes. Movingly written and deeply personal, Thompson shows why the very concept of "mental illness" is a misnomer and why sanity and madness should be understood instead as inherently puzzling stratagems that we devise in order to protect ourselves from intolerable mental anguish. *The Death of Desire* offers a provocative and challenging reappraisal of depth psychotherapy from an existential perspective that will be of interest to psychoanalysts, psychotherapists, philosophers, social scientists, and students of the human condition.

*My Lovely Wife* - Mark Lukach 2017-04-26

Mark and Giulia fell for each other in their teens, married in their 20's, and didn't realize what their love would demand of them until Giulia suffered a terrifying and unexpected psychotic break at the age of twenty-seven. Hospitalized for almost a month, she was tormented by delusions and paranoia. Upon release, she sunk into an extended suicidal depression during which Mark, struggling to support Giulia, was torn between the demands of keeping her safe and following doctor's orders, and honouring her independence and making her feel loved. Eventually, Giulia fully recovered, and the couple had a son. Soon after Jonas was born, Giulia had another breakdown, and then a third a few years after that. Pushed to the edge of the abyss, everything the couple had once taken for granted was upended. In *My Lovely Wife in the Psych Ward*, Mark takes us through these harrowing years with compassion and candour, as he and Giulia renegotiate their relationship, anchored by an abiding devotion to each other and their family. A story of the fragility of the mind, and the tenacity of the human spirit, *My Lovely Wife* is, above all, a love story that raises profound questions: How do we best care for the people we love? What and who do we live for? Breath-taking in its honesty, radiant with compassion, written with dazzling lyricism, this intensely personal odyssey offers much-needed insight into the caregiving side of

mental illness, and affirms the power of love.

*R.D. Laing* - Theodor Itten 2013-08-20

For anyone interested in Laing this is a fascinating collection of interviews and a timely reminder of his enduring importance.

**Soteria** - Loren R. Mosher 2004

This is the story of a special time, space, and place where young people diagnosed as "schizophrenic" found a social environment where they were related to, listened to, and understood during their altered states of consciousness. Rarely, and only with consent, did these distressed and distressing persons take "tranquilizers." They lived in a home in a California suburb with nonmedical caregivers whose goal was not to "do to" them but to "be with" them.. The place was called "Soteria" (Greek for deliverance), and there, for not much money, most recovered. Although Soteria's approach was swept away by conventional drug\_oriented psychiatry, its humanistic orientation still has broad appeal to those who find the mental\_health mainstream limited in both theory and practice. This book recounts a noble experiment to alleviate oppression and suffering without destroying their victims.

**Feelings of Being** - Matthew Ratcliffe 2008-06-27

*Feelings of Being* is the first ever account of the nature, role and variety of 'existential feelings' in psychiatric illness and in everyday life. There is a great deal of current philosophical and scientific interest in emotional feelings. However, many of the feelings that people struggle to express in their everyday lives do not appear on standard lists of emotions. For example, there are feelings of unreality, surreality, unfamiliarity, estrangement, heightened existence, isolation, emptiness, belonging, significance, insignificance, and the list goes on. Ratcliffe refers to such feelings as 'existential' because they comprise a changeable sense of being part of a world In this book, Ratcliffe argues that existential feelings form a distinctive group by virtue of three characteristics: they are bodily feelings, they constitute ways of relating to the world as a whole, and they are responsible for our sense of reality. He explains how something can be a bodily feeling and, at the same time, a sense of reality and belonging. He then explores the role

of altered feeling in psychiatric illness, showing how an account of existential feeling can help us to understand experiential changes that occur in a range of conditions, including depression, circumscribed delusions, depersonalisation and schizophrenia. The book also addresses the contribution made by existential feelings to religious experience and to philosophical thought.

**R.D. Laing** - Adrian C. Laing 2006

R.D. Laing was one of the best-known and most influential psychiatrists of modern times. Written by his son, this book tells the story of R.D. Laing's life and work.

**Living Your Own Life** - Silvia Laengle  
2018-03-09

This multi-author anthology is a short introduction to the world of existential psychotherapy, and specifically Existential Analysis. It gives concrete answers and demonstrates a way to apply this thinking in practice, providing outlines of its theoretical background, including Alfred Langle's four fundamental motivations. The main themes of the book are: working with emotionality and subjective experience and its importance for a fulfilling life; meaning and happiness; and spirituality and temporality. It covers psychological disorders and their treatment in adults and children, and also deals with disability and handicap.

**Madness Explained** - Richard P Bentall  
2003-06-05

Today most of us accept the consensus that madness is a medical condition: an illness, which can be identified, classified and treated with drugs like any other. In this ground breaking and controversial work Richard Bentall shatters the myths that surround madness. He shows there is no reassuring dividing line between mental health and mental illness. Severe mental disorders can no longer be reduced to brain chemistry, but must be understood psychologically, as part of normal behaviour and human nature. Bentall argues that we need a radically new way of thinking about psychosis and its treatment. Could it be that it is a fear of madness, rather than the madness itself, that is our problem?

**R. D. Laing** - Adrian C. Laing 1997-10

R.D. Laing was one of the most controversial and

innovative psychiatrists of modern times. In this biography Laing's son tells the story of his father's career, beginning with his unhappy relationship with an emotionally distant and unexpressive mother, which laid the foundation for a lifetime of pioneering work on madness and the family. Laing formulated his unorthodox views on psychiatry while still at medical school in Glasgow, and there began his intense interaction with disturbed patients. In the mid-60s, he co-founded the therapeutic residential community, Kingsley Hall, where he became famous for his experiments with LSD and his treatment of Mary Barnes.

**Irrational Man** - William Barrett 2011-01-26

Widely recognized as the finest definition of existentialist philosophy ever written, this book introduced existentialism to America in 1958.

Barrett speaks eloquently and directly to concerns of the 1990s: a period when the irrational and the absurd are no better integrated than before and when humankind is in even greater danger of destroying its existence without ever understanding the meaning of its existence. *Irrational Man* begins by discussing the roots of existentialism in the art and thinking of Augustine, Aquinas, Pascal, Baudelaire, Blake, Dostoevski, Tolstoy, Hemingway, Picasso, Joyce, and Beckett. The heart of the book explains the views of the foremost existentialists—Kierkegaard, Nietzsche, Heidegger, and Sartre. The result is a marvelously lucid definition of existentialism and a brilliant interpretation of its impact.

**Phenomenology in Psychology and**

**Psychiatry** - Herbert Spiegelberg 1972-02

*Phenomenology in Psychology and Psychiatry* is a historical introduction to phenomenology in psychology working from the general to the details of the subject.

**Knots** - Ronald David Laing 1970

*The Divided Laing* - Patrick Marmion 2017-07-05

London 1970: Experimental psychiatrist R.D. Laing is facing eviction from his pioneering asylum in the East End's Kingsley Hall. Local residents are up in arms - and to make matters worse, Ronnie's revolutionary colleague David Cooper is flipping out on the roof... With his personal life going down the pan and his mental state heading the same way, Ronnie takes an

acid trip to the future. His mission is to save his therapeutic collective The Philadelphia Association and secure his professional legacy. Will it be a one-way ticket to madness – or can breakdown sometimes mean breakthrough? *Who Knows?.* - Guy de Maupassant 1900

*The Sublime Object of Psychiatry* - Angela Woods 2011-08-25

Schizophrenia has been one of psychiatry's most contested diagnostic categories. The Sublime object of Psychiatry studies representations of schizophrenia across a wide range of disciplines and discourses: biological and phenomenological psychiatry, psychoanalysis, critical psychology, antipsychiatry, and postmodern philosophy. *Sanity, Madness, and the Family* - R. D. Laing 1974

**Rape of the Wild** - Andrée Collard 1988

**Insight and Psychosis** - Xavier Francisco Amador 1998

The insight a patient shares into their own psychosis is fundamental to their condition - it goes to the heart of what we understand 'madness' to be. Can a person be expected to accept treatment for a condition that they deny they have? Can a person be held responsible for their actions if those actions are inspired by their own unique perceptions and beliefs - beliefs that no-one else shares? The topic of insight in schizophrenia and related disorders has become a major focus of research in psychiatry and psychology. It has important clinical implications in terms of outcome, treatment adherence, competence, and forensic issues.

**The Center Cannot Hold** - Elyn R. Saks 2007-08-14

A much-praised memoir of living and surviving mental illness as well as "a stereotype-shattering look at a tenacious woman whose brain is her best friend and her worst enemy" (Time). Elyn R. Saks is an esteemed professor, lawyer, and psychiatrist and is the Orrin B. Evans Professor of Law, Psychology, Psychiatry, and the Behavioral Sciences at the University of Southern California Law School, yet she has suffered from schizophrenia for most of her life, and still has ongoing major episodes of the

illness. The Center Cannot Hold is the eloquent, moving story of Elyn's life, from the first time that she heard voices speaking to her as a young teenager, to attempted suicides in college, through learning to live on her own as an adult in an often terrifying world. Saks discusses frankly the paranoia, the inability to tell imaginary fears from real ones, the voices in her head telling her to kill herself (and to harm others), as well as the incredibly difficult obstacles she overcame to become a highly respected professional. This beautifully written memoir is destined to become a classic in its genre.

*The Paradoxes of Delusion* - Louis A. Sass 2018-08-06

Insanity—in clinical practice as in the popular imagination—is seen as a state of believing things that are not true and perceiving things that do not exist. Most schizophrenics, however, do not act as if they mistake their delusions for reality. In a work of uncommon insight and empathy, Louis A. Sass shatters conventional thinking about insanity by juxtaposing the narratives of delusional schizophrenics with the philosophical writings of Ludwig Wittgenstein.

**1982 Janine** - Alasdair Gray 1984

1982, Janine is a liberal novel of the most satisfying kind. Set over the course of one night inside the head of Jock McLeish, an aging, divorced, alcoholic, insomniac supervisor of security installations, as he tipples in the bedroom of a small Scottish hotel, it makes an unanswerable case that republicanism is a state of absolute spiritual bankruptcy. For Jock McLeish, being a Republican is something he has to cure himself of, every bit as much as his alcoholism and his Sado-Masochistic fantasizing, if he is to become a human being again. 1982, Janine explores themes of male need and inadequacy through the lonely, darkly comic, alcohol-fueled fantasies of its protagonist. An unforgettably challenging book about power and powerlessness, men and women, masters and servants, small countries and big countries, Alasdair Gray's exploration of the politics of pornography has lost none of its power to shock.

**Interpersonal Perception** - Ronald David Laing 1999

First published in 1998. Routledge is an imprint of Taylor & Francis, an informa company.

**The Myth of Mental Illness** - Thomas S. Szasz  
2011-07-12

“The landmark book that argued that psychiatry consistently expands its definition of mental illness to impose its authority over moral and cultural conflict.” — New York Times The 50th anniversary edition of the most influential critique of psychiatry ever written, with a new preface on the age of Prozac and Ritalin and the rise of designer drugs, plus two bonus essays. Thomas Szasz's classic book revolutionized thinking about the nature of the psychiatric profession and the moral implications of its practices. By diagnosing unwanted behavior as mental illness, psychiatrists, Szasz argues, absolve individuals of responsibility for their actions and instead blame their alleged illness. He also critiques Freudian psychology as a pseudoscience and warns against the dangerous overreach of psychiatry into all aspects of modern life.

The Existential Structure of Substance Misuse -  
Guilherme Messas 2021-02-01

This book contributes to one of the most challenging areas of mental health: substance misuse. Its focus is on the psychopathological experiences associated with it: both the consequences of substance misuse and the existential vulnerabilities that lead to it, even if such a clear-cut distinction is rarely possible. The work brings an innovative perspective to the issue, as it draws on two scientific fields whose association has not yet been fully explored: phenomenological psychopathology and substance misuse studies. The association of these two perspectives could build a greater understanding of this important topic and be of practical help to a wide array of professionals in their clinical practice. The structure of the book is inspired by this overall perspective. Its division into three parts is designed to introduce

the reader, in a stepwise manner, to the complexities of the theme, based on the latest advances in the specific literature. The broad objective of this work is therefore to offer a useful instrument for mental health clinicians, psychiatrists, psychologists, nurses, undergraduate students of these disciplines, and all substance abuse workers.

Cracked - James Peter Davies 2014-03-06

Why is psychiatry such big business? Why are so many psychiatric drugs prescribed - 47 million antidepressant prescriptions in the UK alone last year - and why, without solid scientific justification, has the number of mental disorders risen from 106 in 1952 to 374 today? The everyday sufferings and setbacks of life are now 'medicalised' into illnesses that require treatment - usually with highly profitable drugs. Psychological therapist James Davies uses his insider knowledge to illustrate for a general readership how psychiatry has put riches and medical status above patients' well-being. The charge sheet is damning: negative drug trials routinely buried; antidepressants that work no better than placebos; research regularly manipulated to produce positive results; doctors, seduced by huge pharmaceutical rewards, creating more disorders and prescribing more pills; and ethical, scientific and treatment flaws unscrupulously concealed by mass-marketing. Cracked reveals for the first time the true human cost of an industry that, in the name of helping others, has actually been helping itself.

**Plato and the Divided Self** - Rachel Barney  
2012-02-16

Investigates Plato's account of the tripartite soul, looking at how the theory evolved over the Republic, Phaedrus and Timaeus.

**Existential Psychotherapy of Meaning** -  
Alexander Batthyany 2009-01-01